Alamar
SENIOR LIVING

SENIOR LIVING TOUR QUESTIONS CHECKLIST

10 questions to help you compare communities with confidence

Seeing a community in person is the best way to know whether it feels like home.Bring this guide on each tour to ask the same questions everywhere you visit, jot downwhat you see and hear, and compare your options side by side afterward.

COMMUNITY: _____ TOUR DATE: _____

WE MET WITH: _____ PHONE: _____

How to Use This Guide

1. **Before your tour.** Sit down with your loved one and talk about what mattersmost. Add your own questions below.
2. **During your tour.** Bring a pen. Check off each question as you ask it and writenotes in the space provided.
3. **After your tour.** Use the comparison chart on page 6 to see how eachcommunity measured up.

WHAT MATTERS MOST TO US:

_____

_____

_____

_____

_____

Questions to ask on your tour

CARE & SUPPORT

☐ 1 **What levels of care do you offer, and what is included with each?**

Listen for: a clear explanation of assisted living and memory care, plus the amenities, medical support, and signature programs that come with each.

☐ 2 **How do you decide when a resident needs more care, and how do you help families through that change?**

Listen for: a defined assessment process, how often it happens, and how you andyour loved one are involved.

☐ 3 **What medical care and physical or occupational therapy are available on-site?**

Listen for: what is offered on-site, what is coordinated with outside providers, andhow care stays consistent.

Questions to ask, continued

DAILY LIFE

☐ 4 **What programs and experiences are available for residents?**

Look for: an active calendar, dining, art, and fitness, and residents chatting,laughing, and enjoying the outdoors.

☐ 5 **What help is available with meals, housekeeping, and personal needs like grooming or dressing?**

Ask to see: the dining room, an apartment, and daily services in action.

☐ 6 **What transportation do you provide, and how do residents stay connected with family and friends?**

Listen for: rides to appointments and outings, visiting guidelines, and ways to stayin touch with family far away.

Questions to ask, continued

TEAM & WELL-BEING

☐ **7** **What training and certifications does your team have, and may we see your licensing information?**

Listen for: a team that is proud to share its credentials and provides licensing details readily.

☐ **8** **How do you support residents' emotional and mental well-being?**

Listen for: access to counseling or support groups, and how the team helps everyone feel welcome and included.

SAFETY & COST

☐ **9** **What safety features and emergency plans are in place, including staffing and memory care safety?**

Listen for: fall prevention, staff-to-resident ratios, emergency procedures, and steps to prevent wandering.

☐ **10** **How is pricing structured, and what help is available with financial planning?**

Listen for: a clear, written breakdown of costs, what is included, and connections to financial resources.

DURING YOUR VISIT

What to notice as you look around

Look beyond the décor and pay attention to how the community feels day to day.

- ☐ Residents look comfortable and engaged. You see smiling faces and hear conversation and laughter.
- ☐ Team members greet residents by name and treat them with warmth and respect.
- ☐ Apartments, common areas, and outdoor spaces are clean, bright, and well cared for.
- ☐ There are places to gather with friends as well as quiet spaces to relax.
- ☐ The dining room feels inviting, and current menus are easy to review.
- ☐ Hallways, doorways, bathrooms, and outdoor paths suit your loved one's mobility needs.
- ☐ Activities reflect a range of interests and abilities.
- ☐ Your loved one is included in the conversation, and their questions are answered.

OUR IMPRESSIONS

ASK A FOLLOW-UP QUESTION IF…

- Pricing, or what is included, is not clear
- You are unsure how care needs are assessed or updated
- Answers about staffing, training, or emergencies feel general
- Your loved one's preferences are not part of the conversation
- You feel rushed to make a decision
- Something you heard is not available in writing

AFTER YOUR TOUR

Compare communities side by side

COMMUNITY A: _____

COMMUNITY B: _____

COMMUNITY C: _____

Rate each topic from 1 to 5. 1 = Not a fit · 3 = Meets our needs · 5 = A great fit

TOPIC	A	B	C
1 Levels of care	☐	☐	☐
2 Planning for changing needs	☐	☐	☐
3 Medical care and therapy	☐	☐	☐
4 Programs and experiences	☐	☐	☐
5 Dining, housekeeping, and personal care	☐	☐	☐
6 Transportation and staying connected	☐	☐	☐
7 Team training and licensing	☐	☐	☐
8 Emotional well-being	☐	☐	☐
9 Safety and emergency plans	☐	☐	☐
10 Pricing and financial planning	☐	☐	☐
★ Overall feeling: could this be home?	☐	☐	☐

NEXT STEPS

Before you decide

DOCUMENTS TO TAKE HOME

- ☐ Pricing and fee schedule
- ☐ List of included services and extra charges
- ☐ Floor plans
- ☐ Sample residency agreement
- ☐ Dining menu and activity calendar
- ☐ Licensing and inspectioninformation

TALK IT OVER TOGETHER

- ☐ Review your notes with your loved one
- ☐ Compare the full monthly cost, not only the starting rate
- ☐ Ask for anything unclear in writing
- ☐ Consider whether the tour matched what you were told

FOLLOW-UP QUESTIONS

Alamar
SENIOR LIVING

We'd love to show you around.

Visit Alamar in Wellington, FL, and bring your questions. Our team is happy to answer every one foryou and your loved one.

Assisted Living · Floreo · Valeo™ Memory Care

SCHEDULE A TOUR

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